St John Paul II College

**Keys to Learning and Wellbeing**

**Skill Development**
- **Emotional Intelligence**
  - Self awareness
  - Self regulation
  - Empathy
  - Social skills
  - Leadership
  - Resilience

**Designing Learning**
- Thinking skills
- Reflection
- Goal setting
- Risk taking for learning
- Organisation
- Perseverance
- Critical inquiry

**Collaboration**
- Cooperative learning
- Communication
- Decision making
- Seeking help
- Supporting one another

**Creativity**
- Exploration & expression
- Flexible products
- Creative processes

**Shared Experiences**
- Belonging and inclusion
- Safety
- Positive relationships
- Individualised care
- Trust
- Mutual accountability
- Sharing power

**Caring Interdependence**
- High expectations
- Engagement
- Direct instruction
- Authentic assessment
- Feedback for learning
- Growing confidence
- Growth Mindset
- Brain-based learning
- Belonging and inclusion
- Safety
- Positive relationships
- Individualised care
- Trust
- Mutual accountability
- Sharing power

**Stewardship**
- Purposeful learning environments
- Self discovery
- Co-construction of learning pathways
- Connecting ideas

**Growth**
- Connecting with the Catholic mission
- Reducing ecological footprints
- Building personal responsibility

**Discovery**
- Motivation
- Initiative
- Choice & responsibility

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